



Mano

WRAPS

100% GLUTEN FREE

HANDCRAFTED BUCKWHEAT WRAPS

BREKKIE WRAPS

08:30 - 11:00

BACON & EGG

16

BACON, EGG, MELTED MOZZARELLA,
CARAMELIZED ONION, RELISH

👍 *recommend adding avocado*

AVOCADO V

16

MELTED MOZZARELLA, TOMATO, AVOCADO, EGG,
RELISH

👍 *recommend adding salmon or sauerkraut*

THE CLASSICS

REGULAR 21 / SMALL 20

ROMA DF

ROASTED CHICKEN, MUSHROOM, GREEN SALAD,
RED CABBAGE, CARROT, MUSHROOM TRUFFLE SAUCE

👍 *recommend adding avocado + melted mozzarella + egg*

PORCO

SHORTCUT BACON, BRIE, GREEN SALAD,
RED CABBAGE, CARROT, TOMATO, MAYO

👍 *recommend adding egg + avocado*

ITALIAN

ITALIAN PROSCIUTTO, CARAMELISED ONION,
GREEN SALAD, TOMATO, PARMESAN, BASIL PESTO

👍 *recommend adding avocado, mozzarella or stracciatella*

SALMON DF (I)

SMOKED SALMON, GREEN SALAD, RED CABBAGE,
CARROT, MAYO

👍 *recommend adding avocado + brie + sauerkraut*

VEGGIE V + VEGAN OPTION WITH COCONUT FETA

ROASTED SWEET POTATO, MUSHROOM, ONION,
FETA, GREEN SALAD, RED CABBAGE, TOMATO,
CARROT, BASIL PESTO

👍 *recommend adding avocado + sauerkraut*

BASIL V

MELTED MOZZARELLA, TOMATO, GREEN SALAD,
BASIL PESTO

👍 *recommend adding avocado + chicken*

ACAI BOWL

V,DF,GF

18.50

ORGANIC ACAI, HOUSE GRANOLA,
STRAWBERRY, BANANA, PASSIONFRUIT & COCONUT

recommend adding peanut butter or nutella

CHEESE & TRUFFLE TOASTIE

★ NEW!

MOZZARELLA, BRIE, PARMESAN, TRUFFLE

18

ADD OYSTER MUSHROOM +3

SPECIALS

POLLO ★ NEW! VGO

25

ROASTED CHICKEN, POTATO, LEEK,
MONTASIO CHEESE, GREEN SALAD, RED CABBAGE,
CARROTS, PICKLED MAYO

TRUFFLE PORCHETTA ★ NEW!

27

SLOW ROASTED TRUFFLE PORK BELLY,
OYSTER MUSHROOM, SCAMORZA CHEESE,
GREEN SALAD, RED CABBAGE, CARROT, CHARCOAL BASE

SPECIAL ROMA SPICY OPTION

24

ROASTED CHICKEN, SCAMORZA CHEESE,
GREEN SALAD, RED CABBAGE, CARROT, RED ONION,
CHIPOTLE, CHARCOAL BASE

👍 *recommend adding egg + avocado*

SPECIAL ITALIAN

24

ITALIAN PROSCIUTTO, SUNDRIED TOMATO,
LA DELIZIA STRACCIATELLA, CARAMELISED ONION,
GREEN SALAD, BASIL PESTO, CHARCOAL BASE

👍 *recommend adding avocado*

CLASSIC PORCHETTA

24

SLOW ROASTED PORK BELLY, MELTED MOZZARELLA,
GREEN SALAD, RED CABBAGE, CARROT, TOMATO,
MAYO, CHARCOAL BASE

👍 *recommend adding egg + avocado*

MINI MANO

KIDDIES 12 YRS & UNDER

15

HAM & CHEESE

AVO & CHEESE V

BACON & CHEESE

TOMATO & CHEESE V

CHICKEN & CHEESE

ADD

AVOCADO 2.5

EGG 2.5

MELTED MOZZARELLA 3

BRIE 3.5

ORGANIC SAUERKRAUT 3.5

EXTRA SAUCE 1.5

SALMON 5

PROSCIUTTO 5

BACON / CHICKEN 5

STRACCIATELLA 4

CHARCOAL BASE 2

SWEET CREPES 12

NUTELLA	LEMON BUTTER	WHIPPED CREAM	PEANUT BUTTER
HONEY	VEGAN NUTELLA +1	WHITE CHOCOLATE +1	SALTED CARAMEL
KINDER BUENO +1	PISTACCHIO CREME +2		

TOPPINGS +2.5 EACH

STRAWBERRIES	PEANUT BUTTER	WHIPPED CREAM	HONEY
BANANA	CRUSHED PISTACCHIO	CRUSHED HAZELNUT	ITALIAN GELATO +6.5

SMOOTHIES

VEGAN 11.50

ACAI - ACAI, BLUEBERRIES, BANANA, DATES, COCONUT WATER

GREEN - MANGO, BANANA, SPINACH, COCONUT WATER

TROPICAL - MANGO, BANANA, PINEAPPLE, PASSIONFRUIT, COCONUT WATER

CHOCOLATE - BAHEN & CO CHOCOLATE, COCONUT MILK, DATES, BANANA, COCONUT WATER

PRESSED JUICE

REFRESHER 10
BEETROOT, APPLE, CARROT, GINGER

APPLE OR ORANGE 10

MILKSHAKES

CHOCOLATE CARAMEL VANILLA MATCHA 8
NUTELLA 10

CHOOSE A FLAVOUR FROM OUR GELATO DISPLAY 10

COFFEE SMALL 5 REGULAR 5.5 LARGE 6.5

FLAT WHITE LATTE CAPPUCCINO LONG BLACK LONG MAC +0.5 BAHEN & CO. HOT CHOCOLATE
CHAI MOCHA +0.5 MATCHA +0.5 ESPRESSO 4 SHORT MAC 4.5 PICCOLO 4.5

ICED

ICED LONG BLACK 6 ICED LATTE 7 ICED CHOCOLATE 7 ICED MOCHA 7 ICED CHAI 7
ICED MATCHA 7.5 ★ RASPBERRY ICED MATCHA 9

ALTERNATIVE MILK +1 EXTRA SHOT +0.5 DECAF +0.5 ADD ICE CREAM +0.5

LOOSE LEAF TEA 5.5

ENGLISH BREAKFAST EARL GREY SENCHA GREEN LEMONGRASS & GINGER PEPPERMINT

ITALIAN GELATO MAI TARDI - MARGARET RIVER

CUP/CONE GF 1 SCOOP 6.5 2 SCOOPS 10 3 SCOOPS 14
AFFOGATO 1 SCOOP ITALIAN GELATO + DOUBLE ESPRESSO 10
ADD NUTELLA +1 CRUSHED PISTACHIO OR HAZELNUT +2.5

JUICY POPS RAW LIFE - DUNSBOROUGH 4.5

REFRESHER SUNRISE ORCHARD MEAN GREEN



VISIT US IN BUSSELTON OR DUNSBOROUGH!



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